

Application

Programme	Erasmus+
Action Type	KA122-SCH - Short-term projects for mobility of learners and staff in school education
Call	2023
Round	Round 1

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Context

Welcome to the application form for a short-term Key Action 1 project in School Education

Please verify that your organisation is eligible for the field you have chosen. If you are not certain which field you can apply for, you should contact your National Agency for advice.

Field of application	School Education			
Project title	Expand European awareness through health, environment and mobility strategies			
Project start date (dd/mm/yyyy)	Project duration	Project end date (dd/mm/yyyy)	National Agency of the applicant organisation	Language used to fill in the form
01/06/2023	7	31/12/2023	SK01 - Slovenská akademická asociácia pre medzinárodnú spoluprácu	English

For further details about the available Erasmus+ National Agencies, please consult the following page [List of National Agencies](#).

Applicant organisation

OID	Legal name	Country	Region	City	Website
E10016814	Gymnázium Mikulasa Kovaca	Slovakia	Banskobystrický kraj	Banska Bystrica	www.gmkbb.sk

Hosting organisations

OID	Legal name	Country	Region	City	Website
E10085767	IES RAMIRO II	Spain	Castilla y León	La Robla	www.iesramiro2.es

Participating Organisations

To complete this section, you will need your organisation's identification number (OID). Since 2019, the Organisation ID has replaced the Participant Identification Code (PIC) as unique identifier for actions managed by the Erasmus+ National Agencies.

If your organisation has previously participated in Erasmus+ with a PIC number, an OID has been assigned to it automatically. In that case, you must not register your organisation again. Follow this link to find the OID that has been assigned to your PIC: [Organisation Registration System](#)

You can also visit the same page to register a new organisation that never had a PIC or an OID, or to update existing information about your organisation.

Solicitante - Gymnazium Mikulasa Kovaca (E10016814 - SK)

Organisation ID	Legal name	Country
E10016814	Gymnazium Mikulasa Kovaca	Slovakia

Applicant Organisation details : Gymnazium Mikulasa Kovaca

Legal name	Gymnazium Mikulasa Kovaca
Country	Slovakia
Region	Banskobystrický kraj
City	Banska Bystrica
Website	www.gmkbb.sk

Hosting Organisations

Please describe your plans in terms of potential destination countries and hosting organisations.

- What kind of hosting organisations do you plan to cooperate with?

We plan to cooperate with High Schools (from 14 to 18 years old) from anywhere in Europe, which are located in a rural environment.

- Have you already had contacts or previous cooperation with any potential hosting partners?

Yes, during the last few years some of our students have gone to Spanish High Schools for one month to six months so some of these places are potential hosting partners. We also have many contacts of teachers that used to work in our school and now work in Spanish High Schools. We have already contacted one specific center that we list below as the main hosting partner for the mobilities we propose to organise in this project.

- If you have not yet identified all of your hosting partners, please explain how you plan to find suitable hosting organisations for the mobilities you propose to organise.

We already have identified and confirmed a hosting partner that is listed below.

The hosting partner organisations are organisations who will host the participants in your activities. To edit the details of a hosting organisation use the options button on the right side of the table. You can use an Organisation ID to fill in all the information instantly, or you can provide the needed information manually.

Please note that you do not need to provide a list of hosting organisations here - this section is included for information, in case you wish to provide more context for your application. During project implementation you can change your mind and you can freely decide which hosting partners you want to work with. For applicants in adult education: To find hosting partners, we recommend that you use the [Partner search tool](#) available online at the Electronic Platform for Adult Learning in Europe (EPALE).

Organisation ID	Legal name	Country
E10085767	IES RAMIRO II	Spain

- My organisation plans to work with other supporting organisations that are not going to host our participants, but are going to help with the implementation of activities.

Hosting Organisation Details : IES RAMIRO II

In case the organisation has an Organisation ID, you can introduce the Organisation ID in the appropriate field and the organisation's data will be loaded automatically. If the organisation does not have an Organisation ID, you can fill in the needed information manually.

Legal name	IES RAMIRO II
Country	Spain
Region	Castilla y León
City	La Robla
Website	www.iesramiro2.es
Is the organisation a public body ?	Yes
Is the organisation a non-profit ?	No

Background

In this section you should answer the question: "Who are you as an organisation?"

If you are applying on behalf of a larger organisation with multiple departments or sections, it is important that you clearly describe the structure of the entire organisation and explain which parts of the organisation are working in the field covered by this application. The field of the application is stated in the section 'Context'. It can be adult education, vocational education and training, or school education.

The following information is completed based on the information linked to your organisation identification number (OID):

Is the organisation a public body?	Yes
Is the organisation a non-profit?	Yes

Please choose the organisation type that best describes your organisation.

Type of Organisation	School/Institute/Educational centre – Vocational Training (tertiary level)
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Please briefly present your organisation.

i. What are your organisation's main activities? What kind of learning programmes is your organisation offering? If your organisation is providing more than one educational programme, please specify which of those programmes belong to the field of this application.

The Mikuláš Kováč High School is a five-year bilingual high school that was founded as a four-year high school in 1993. In 1997, the school expanded to include an eight-year high school. In 2002, a bilingual Slovak - Spanish section was established and later a Slovak - Chinese bilingual section was opened at the school. The study was established as an experimental verification by decision of the Ministry of Education, Science, Research and Sports of the Slovak Republic. The school cooperates with the Faculty of Arts of the Matej Bel University, which is the professional guarantor of the Slovak-Chinese bilingual section. The school also cooperates with the Department of Asian Studies of the Faculty of Arts of Palacký University in Olomouc in the Czech Republic. Our students are educated by Spanish and Chinese teachers.

ii. What profiles and ages of learners do you work with?

Pupils can start their studies after completing the eighth or ninth year of elementary school. The study lasts five years, while in the first year they learn a language - Spanish or Chinese, in which they are educated bilingually for the next four years. The language focus of the school also determines the overall focus of the students, who are well-rounded and ready to function in today's society moving towards globalization. Thanks to the stays abroad they complete during their studies and thanks to contacts with foreign lecturers, they have international experience and their expanded horizons help them better navigate when choosing a university or future profession. Pupils participate in Olympiads and achieve positions in district, regional and national rounds. Our school is actively involved in various events, whether charitable, but also in other projects (Young European competition). Pupils are also active within the school, e.g. election of the president of the Slovak Republic.

iii. How many years of experience does your organisation have implementing these learning programmes?

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What is the size of your organisation in terms of number of learners and staff? If your organisation is working in more than one field of education and training, please only include learners and staff in the field of this application.

Number of learners	328
Number of teaching staff	31
Number of non-teaching staff	18

Past Participation

Action Type	Number of project applications	As Applicant		As Partner or Consortium Member	
		Number of granted projects	Number of granted projects	Number of project applications	Number of granted projects
School education staff mobility (KA101)	1	1	0	0	0
Short-term projects for mobility of learners and staff in school education	1	1	0	0	0
Newcomer organisation		No			
Less experienced organisation		Yes			
First time applicant		No			

Project objectives

What are the most important needs and challenges your organisation is currently facing? How can your organisation be improved to benefit its learners? Please illustrate your answers with concrete examples.

The fundamental objective of our center is internationalization through different projects based on transnational cooperation, contributing to achieving a more environmentally sustainable, digital and inclusive Europe. On the one hand, by carrying out a project like this, it is also intended to evaluate the process by which the center has carried out the procedure, with its weaknesses and strengths. On the other, after carrying out a SWOT analysis during the teachers' meetings, we have identified several aspects of interest. Regarding those that are of internal origin, we find a series of challenges that we face, such as the lack of material and training in ICTs oriented towards internationalization, a rapid flow of teachers given the characteristics of the bilingual sections and a lack of training in environmental sustainability. Regarding strengths, we have a young teaching staff, a central location in Europe and the fact that our school is small, which is an advantage when it comes to coordinating and involving teaching staff and students. Regarding those of external origin, a series of threats appear, such as the possible arrival of another pandemic, the situation in Ukraine due to its proximity, and the appearance of other schools in our city with an educational offer similar to ours and for the same age range as our students. At the same time, opportunities for improvement appear based on the challenges we face, we will expand our main internal projects of inclusion, sustainability and integration of ICTs towards a European dimension, without forgetting the objective of accrediting ourselves, we will enrich ourselves with new methodologies and experiences that are being used in other European institutions.

In the current situation in which we find ourselves, still under the effects of the global COVID pandemic, school communities have had to miraculously adapt to be closer to our students, but even so, the consequences of periods of confinement have been catastrophic for the health and well-being of our students. That is why an action plan is necessary to alleviate the effects to which a large part of our students have been subjected. Since the year 2000, the WHO has developed a positive concept of health, in which health is not considered simply as the absence of disease, but rather adopts a broader dimension as an integral state of physical, mental and social well-being. According to studies provided by PISA, it has been shown that this well-being affects academic development and precisely these three dimensions of health have been seriously affected after the pandemic, especially social and psychological aspects.

The social distancing to which our students have been subjected has brought consequences that we intend to neutralize by promoting and reinforcing mobility activities in harmony with the natural environment, so that our students value and make sustainable use of the environment that surrounds them. For this reason, it will be highly motivating for students to be able to participate in mobility activities with peers from other European countries in which a similar situation has been experienced, offering the opportunity to students with fewer opportunities, especially those with economic obstacles, geographic and/or social. We want to develop in our educational community and especially in our adolescent students, healthy, responsible and sustainable lifestyles from an environmental point of view. Reduce the risks related to health, from the knowledge of good practices and the acquisition of specific personal resources, through the knowledge of similar realities in European countries. With this short-term project for the mobility of students focused on the health and well-being of the educational community, we want to reinforce the European dimension of teaching and learning by promoting the values of inclusion and diversity, tolerance and democratic participation of our students.

Please define the objectives your organisation wants to achieve by implementing this Key Action 1 mobility project. Your objectives should be concrete, realistic, and should represent a real benefit for your organisation and its learners.

Objective 1

Title

What do you want to achieve?

Strengthen the European dimension and the internationalization of the school by developing its capacities as an educational organization to participate in cross-border cooperation projects.

Explanation

How is this objective linked with the needs and challenges you have described in the previous question?

The educational project of the school includes as one of the main objectives the realization of international cooperation activities. Some of these projects are already being carried out, but in most cases they are unilateral, which does not allow either the students or the school to obtain the benefits of real cooperation even though it belongs to the Bilingual Sections and is tightly related to the Confucius Institute. Despite these characteristics and the fact that we are in the center of Europe, the ties with other European countries are distant. Thanks to this objective, we will be able to open the center to other realities beyond the immediate environment and its impact will be important not only on the students, but also on their families and the cities or towns in which they live. The educational organization itself will also be strengthened in its processes and in its ability to generate knowledge by learning and collaborating with other European educational realities.

Measuring success

How are you going to evaluate if the objective has been reached?

Some elements that will help us measure the results of the development of this objective will be: at least twenty students involved in collaborative actions with other European secondary schools; at least one work actions with European partners; at least three communication conferences on the experiences lived in carrying out the displacements of the Erasmus project; at least one new educational process implemented based on the experience acquired in the Erasmus project; continuous communication of our students with other international students using the eTwinning platform.

Objective 2**Title**

What do you want to achieve?

Promote a positive concept of health by developing actions that influence the achievement of an integral state of physical, mental and social well-being.

Explanation

How is this objective linked with the needs and challenges you have described in the previous question?

The concept of positive health endorsed by the WHO acquires a special relevance after the global pandemic of COVID-19. In our school, the number of students with social problems, anxiety, depression... has increased enormously in the last two years. For all these reasons, it is necessary to restore and improve the quality of the physical, mental and social well-being of young people, both as a preventive measure against possible future dysfunctions of behavior in society, and as a measure for the development and normalization of healthy lifestyle habits.

The 2030 Sustainable Development Goals are expressed along the same lines. Its third goal is dedicated to "Health and Well-being" and tries to "Guarantee a healthy life and promote well-being at all ages as essential for sustainable development". Therefore, this objective is also directly related to the concept of sustainability, currently so important in the development of people.

Measuring success

How are you going to evaluate if the objective has been reached?

The impact of the development actions of this objective will be seen in elements such as: at least 5% increase in the number of students participating in the actions that are proposed from the school; the results of online surveys using official tools of the center such as Edupage; collection of evidence in personal interviews; assessment data of the actions in the area of the center through surveys and interviews with families; at least two actions carried out in collaboration with other institutions or organizations that allow the extension of the objective (City Hall, NGOs, neighborhood and cultural associations, etc.); impact on the official social networks of the school (Instagram and Facebook) in followers (increased by 100), number of views (increased 200), shares (increased by 5) or likes (increased by 100) of the posts related to the actions carried out. Observation of the relationship between students and between students and sport/food.

Objective 3

Title

What do you want to achieve?

Integrate information and communication technology (ICT) as a key tool for collaborative work and transnational cooperation

Explanation

How is this objective linked with the needs and challenges you have described in the previous question?

It is about ensuring that students have a high level of digital literacy in very diverse applications. This is one of the priority lines of the center, for this reason, among other things, students have the subject of computer science during three academic years and the option of a seminar to broaden their knowledge during the fourth year. Apart from that, teachers carry out courses for the use of applications in the classroom and also on other applications related to communication such as Zoom, Microsoft Teams, Google Meet...

The possibility that an Erasmus project gives of using all these tools for learning and collaborative work with other European educational realities, and in particular the use of the eTwinning platform, which provides a safe work environment for the educational community, will be an element key in the comprehensive training of our students as well as our teachers.

Measuring success

How are you going to evaluate if the objective has been reached?

The elements that will help us assess the development of this objective will be: active participation of teachers (at least 4) and students (at least 10) in the eTwinning platform; at least five virtual meetings for the development of the project; existence of a specific space on the school's website about the Erasmus project; at least three audiovisuals for the social media of the school that explain actions of the Erasmus project; at least one contest for the design of infographics, logos, etc., of the project; at least one monthly videoconference session between classroom groups with students from different European countries; incorporation in the didactic planning of computer work with applications such as eTwinning; carrying out digital literacy workshops on applications that can be used to collaborate and cooperate with other countries. Observation of a more fluent and continuous way of using the ICTs in the student's school life.

Objective 4

Title

What do you want to achieve?

Value, accept and respect cultural and social differences, favoring the inclusion and acceptance of the diversity of students.

Explanation

How is this objective linked with the needs and challenges you have described in the previous question?

Inclusion and acceptance have been a hallmark of Gymnazium Mikulasa Kovaca since its creation. The presence of foreign teachers (Spanish, Mexican and Chinese) greatly facilitates the coming up of all these essentials in the education, both transversally and through activities carried out on remarkable dates for these cultures. Within the departments, internal training is carried out with the aim of sharing inclusive methodologies that each teacher has successfully put into practice in their classes.

Carrying out this Erasmus project will be one more step for our students in our work to train them as "people" who are capable of respecting any difference, valuing them as elements of personal enrichment and acquisition of key emotional skills for their future.

Measuring success

How are you going to evaluate if the objective has been reached?

Some impact indicators of this objective will be: at least 20% of students with special educational needs involved in the project as well as students with economic, geographical and/or social obstacles; realization of at least one monthly virtual communication between classrooms from different countries with students with special educational needs; Creation of at least one monthly video pill for the social media on the inclusion of diverse students in the classroom; specific at least four yearly work sessions on educational inclusion are incorporated into the tutorial action plan. Interviews with the students and families to assess the development of all these values and observation during the classes and the breaks, especially of the situations involving inclusion and acceptance of the diversity of students.

What topics are you going to work on in your project?

European identity, citizenship and values

Digital transformation planning and implementation

Inclusion, promoting equality and non-discrimination

Activities

Please choose the types of activities you would like to implement in your project and complete the details for the activities you have chosen, please open each type of activities from the table below by clicking on their name.

In this table and in the specific summary tables below you can see the overview of the information you have provided.

Before completing this table, make absolutely sure that you are familiar with descriptions and rules of each activity type as presented in the Erasmus+ Programme Guide. It is best to complete the table with the Programme Guide open.

Activity type	Number of participants	Average duration for participants (in days)	Number of accompanying persons	Average duration for accompanying persons (in days)	Total Grant (EUR)
Group mobility of school pupils	6	7	2	7	10 140,00
Total	6		2		10 140,00

Summary of participant profiles

This summary table shows the overview of participant profiles in the different activities you have requested, as well as number of participants taking part in Blended mobility activities and travelling with sustainable means of transport.

Activity type	Number of participants	Out of that:		
		Participants in blended mobility	Sustainable means of transport (green travel)	Participants with fewer opportunities
Group mobility of school pupils	6	6		0
Total	6	6		0

Group mobility of school pupils

In this part you should create a list of participants and groups of participants that you plan to involve in this type of activities. These details will serve to assess your proposal and to calculate the needed budget.

The proposed planning should give a realistic representation of what you intend to implement. Of course, all plans must evolve. During implementation you will be allowed to change details such as destinations, the number of participants and duration of activities, as long as you continue working towards the same objectives.

The purpose of this section is to calculate the budget needed to implement your planned activities. You can use the button below to read the detailed funding rules and better understand the calculations below. The section introduces an important new concept: 'Mobility flow'. A mobility flow is a participant or a group of participants going to the same destination for the same duration of time and with same arrangements. If some participants going to the same destination need to have different arrangements (for example, different travel distance or mode of travel, different duration, Blended mobility activities, etc.) then you should split that mobility flow into two or more separate ones to be able to specify the differences. It is allowed to have more than one flow going to the same destination.

The information that you provide in this table will be automatically copied in the budget details. You can come back to this table at any point in case you want to change the data or separate a mobility flow into two.

Mobility flow ID	Hosting organisation	Destination country	Number of participants	Duration (in days)	Number of accompanying persons	Duration for accompanying persons (in days)
GROUP01	IES RAMIRO II (E10085767 - ES)	Spain	6	7	2	7
Total			6	7	2	7

Mobility flow ID	Hosting organisation	Destination country	Number of participants	Participants with fewer opportunities	Blended mobility	Sustainable means of transport (green travel)
GROUP01	IES RAMIRO II (E10085767 - ES)	Spain	6	0	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Total			6	0		

Description (Group mobility of school pupils)

Please describe your plans for Group mobility of school pupils. If you plan to organise more than one activity of this type, your answers should cover all of the planned activities.

Please briefly describe the content of the activities you plan to organise.

We start from the fact that the main objective of the KA1 action is the internationalization of education by reinforcing the European dimension and in particular this KA122 project will contribute to its achievement through the inclusion and active participation of our students in real mobility to carry out joint sustainable activities with students from other countries around health care, valuing the opportunities offered by the natural environment that surrounds us. However, within our project, in addition to the physical mobility, we will also carry out a combined mobility through the eTwinning platform in order to establish contact and open a blog with the aim of providing feedback and reflection on any proposed activity. We have already held virtual meetings with the host organization to coordinate and establish a work plan. Our school is specialized in the bilingual teaching of both Spanish and Chinese, for which we intend to create a network of transnational collaborators who share our concerns and educational challenges. For this reason, for this project we have already established contact with the IES Ramiro II center, located in Spain, with the excuse of perfecting the language and in situ knowledge of a culture other than the Slovak. These activities are also designed for our objectives of improving health and well-being through inclusion and attention to diversity with the natural environment. The IES Ramiro II center with which we are collaborating already has a program related to the natural environment, socialization and contact with the environment in La Robla. Apart from learning by observation, this integration and approach to different realities seeks to be total, which is why we already have host families for the students, so that they appreciate the cultural differences within the family environment. Joint activities are being designed with the students of origin, each integral part has to prepare presentations about the different realities of their environment and how they lived through COVID. Another type of activity that seeks to promote mental and physical health is sports. During our stay at our host we will teach them how to play hockey, we will do hiking and mountain trail among others. We believe in the importance of sport as a promoter of mental and physical health. Regarding the management of mobility activities, it is essential to preserve the safety and well-being of the participants. It will be ensured that all participants obtain the European health card and insurance will be taken out to cover civil liability, accidents, illnesses and death. Regarding the accommodation of the participating students coming, the stay in families will be managed as far as possible.

What benefits are the planned activities going to bring to the involved participants?

i. Please briefly describe the expected learning outcomes: what are the participants going to learn?

The mobility that we have planned in collaboration with the host organization will contribute to developing the four priority objectives globally due to its very nature, but at the same time some specific aspects regarding objective number 2: to promote physical, mental and social well-being, will be held a little differently in each of the destinations to make the maximum out of each environment. Two teachers will accompany six students that will take part in the mobility, making them the direct beneficiaries and the ones in charge of following a stablished plan to promote the programme. These groups of students will share experiences with the students of origin, broadening their knowledge about different countries of the European Union and acquiring skills and methodologies specific to each institution, as outlined in the previous section, which they will later share with the rest of the educative community.

ii. How are you going to evaluate the learning outcomes after the activities have taken place?

The project evaluation activities must take into account three decisive moments of its elaboration and development: initial phase of planning and preparation of the project, intermediate phase of implementation and development, and final phase of evaluation of results. And they must also take into account the following aspects:

What is going to be evaluated? Preparation and development of the activities, as well as the impact and promotion of the results.

How will it be evaluated? Through specific evaluation instruments that have been described in how to measure the success of each objective and that we summarize below: statistics, surveys and evaluation forms, reflection diaries, comments and reactions on social networks, student participation, degree of involvement of the school and other institutions in the environment.

Based on the results of the evaluation, areas for improvement can be established in order to increase the impact of these activities.

iii. How are the learning outcomes going to be recognised?

Through its publication in networks as an eTwinning platform, using the Twinspace space for the publication of all the materials of the trip. Through the reflection of the students who participate in the project and their subsequent presentation of their experiences explained to the rest of the members of the center using the tutorials and the collaboration of the tutors of the center. It will seek to apply what has been learned about the environmental environment of the organization that hosts our teaching center, everything that makes us improve as an institution. Through the creation and monitoring of a blog on the website of our center dedicated to this project. Activities will be designed in the classes that require reflection, so that all the students of the center can get involved in the project. NO CREO QUE PREGUNTEN ESTO, NO?

To which project objectives will the planned activities contribute?

Objective 1 : Strengthen the European dimension and the internationalization of the school by developing its capacities as an educational organization to participate in cross-border cooperation projects. , Objective 2 : Promote a positive concept of health by developing actions that influence the achievement of an integral state of physical, mental and social well-being. , Objective 3 : Integrate information and communication technology (ICT) as a key tool for collaborative work and transnational cooperation , Objective 4 : Value, accept and respect cultural and social differences, favoring the inclusion and acceptance of the diversity of students.

How exactly are the activities going to contribute to the project objectives listed above?

Promoting the mobility of students accompanied by two teachers in each of the activities contributes directly to developing the internationalization of the the school, which is related to objective 1, that is, the acquisition of a greater European dimension by learning about common interests in a diversity of environments. In the presentations that students from both countries must prepare and the reception by families from another country, we are specifically working on objective 4, while the organization of sport events and visits to the mining environment along many other landscapes, contributes to objective 2. We will promote communication between students through eTwinning and the use of new technologies, all this will be present in the preparation, development and promotion of all mobilities, as well as the monitoring of their evaluation, which contributes to objective 3.

How are you going to select the participants for planned activities?

i. Please describe the selection process and the criteria you plan to use.

In the student selection process, we will take into account the agreements established with the host organization regarding the age of the students, since our school also intends to become a host for groups of students from these associations. We have agreed to limit the age of the participants between 14 and 16 years. Apart from that, this project aims to promote equal opportunities and access to mobility activities for all students, so we specify the following selection criteria that will be evaluated by the Erasmus commission of our school that will be explained further:

- 1-Students with social, economic and/or geographical obstacles (interview with student and family and information from the class teacher)
- 2-Interest and motivation (those interested will write how they will benefit and how they will share it)
- 3-Participation in activities related to the project (by taking into account how often and how well the students developed themselves during those activities)
- 4- Spanish level.

ii. Why did you choose this method of selecting participants?

It is common for the most academically advantaged students to participate in this type of project and to also show great interest and motivation for the project.

Obviously we are not going to restrict the participation of this profile of students, but we set ourselves an important challenge of inclusion and attention to diversity, when it comes to encouraging and promoting the participation of students with fewer opportunities. We have proposed that at least 20% of the students who participate in the mobilities (at least 1 in each flow) present some obstacle to educational inclusion. To do this, first of all, the selection team described will offer the proposal to our students with the highest risk of exclusion for social, geographical or economic reasons based on the information gathered.

Budget

Budget summary

Activity type	Organisational support (EUR)	Individual support (EUR)	Travel (EUR)	Course fees (EUR)	Linguistic support (EUR)	Preparatory visits (EUR)	Inclusion support (EUR)	Total (EUR)
Group mobility of school pupils	600,00	6 660,00	2 880,00	Not applicable	Not applicable	0,00	0,00	10 140,00
Total	600,00	6 660,00	2 880,00			0,00	0,00	10 140,00

Details

Activity type	Individual support for participants (EUR)	Individual support for accompanying persons (EUR)	Standard travel (EUR)	Inclusion support for participants (EUR)	Inclusion support for organisations (EUR)
Group mobility of school pupils	3 780,00	2 880,00	2 880,00	0,00	0,00
Total	3 780,00	2 880,00	2 880,00	0,00	0,00

Organisational Support

Organisational support covers various costs directly linked to the implementation of mobility activities and not covered by other cost categories..

This includes preparation (pedagogical, intercultural and other), mentoring, monitoring and support of participants during mobility, services, tools and equipment needed for virtual components in blended activities, recognition of learning outcomes, sharing results and making the European Union funding visible to the public.

Please keep in mind that organisational support covers costs incurred by both sending and hosting organisations (except in the case of staff mobility for courses and training). The grant should be shared between the two organisations according to their tasks and expenses.

Mobility flow ID	Activity type	Hosting organisation	Destination country	Number of participants	Number of accompanying persons	Organisational support base rate (EUR)	Organisational support grant (EUR)
GROUP01	Group mobility of school pupils	IES RAMIRO II (E10085767 - ES)	Spain	6	2	100,00	600,00
Total				6	2	100,00	600,00

Travel

Travel grant covers the return travel costs of participants and accompanying persons from their place of origin to the venue of the activity.

Mobility flow ID	Activity type	Exceptional costs for expensive travel	Hosting organisation	Destination country	Number of participants	Number of accompanying persons	Sustainable means of transport (green travel)	Travel Distance	Travel unit cost (EUR)	Travel grant (EUR)
GROUP01	Group mobility of school pupils	<input type="checkbox"/>	IES RAMIRO II (E10085767 - ES)	Spain	6	2	<input type="checkbox"/>	2000 - 2999 km	360,00	2 880,00
Total				6	2					2 880,00

Individual Support

Individual support covers costs of subsistence for participants and accompanying persons during the activity. Please note that in order for calculations to be completed, you need to specify your National Agency in section Context and you need to choose the destination country in section Activities.

Individual support can also cover subsistence costs for travel time before and after the activity. For more details, please refer to the Programme Guide.

Mobility flow ID	Activity type	Hosting organisation	Destination country	Number of participants	Duration (in days)	Number of accompanying persons	Duration for accompanying persons (in days)	Travel days	Individual support base rate for participants (EUR)	Individual support base rate for accompanying persons (EUR)	Individual support grant for participants (EUR)	Individual support grant for accompanying persons (EUR)	Total individual support grant (EUR)
GROUP01	Group mobility of school pupils	IES RAMIRO II (E10085767 - ES)	Spain	6	7	2	7	2	70,00	160,00	3 780,00	2 880,00	6 660,00
Total				6	7	2	7	2			3 780,00	2 880,00	6 660,00

Preparatory Visits

You can set up a preparatory visit to your hosting partner before the mobility takes place.

However, please keep in mind the relevant provisions of the Programme Guide: preparatory visits must have a clear reasoning and must serve to improve inclusiveness, scope and quality of mobility activities. For example, preparatory visits can be organised to better prepare mobility of participants with fewer opportunities, to start working with a new partner organisation, or to prepare longer mobility activities.

You can receive funding for a maximum of three persons per preparatory visit.

Mobility flow ID	Activity type	Hosting organisation	Destination country	Number of participants in preparatory visits	Preparatory visit unit cost (EUR)	Preparatory visits grant (EUR)
GROUP01	Group mobility of school pupils	IES RAMIRO II (E10085767 - ES)	Spain	0	575,00	0,00
Total				0		0,00

Inclusion Support

Inclusion support covers various costs related to the organisation of mobility activities for participants with fewer opportunities.

Support is provided in two forms: inclusion support for organisations and inclusion support for participants. Inclusion support for organisation is a fixed sum per participant intended to cover administrative and other minor costs. Inclusion support for participants covers 100% of any actual cost linked to the participants with fewer opportunities and their accompanying persons. For example, this can include hiring assistants or translators, as well as costs related to travel and subsistence if the standard grants for these categories are not sufficient to cover the costs. In the latter case, the full amount of travel and subsistence costs should be requested through Inclusion Support.

Mobility Flow ID	Activity type	Hosting organisation	Destination country	Number of participants in the mobility flow	Number of participants with fewer opportunities	Inclusion support for organisations (EUR)	Inclusion support for participants (EUR)
GROUP01	Group mobility of school pupils	IES RAMIRO II (E10085767 - ES)	Spain	6	0	0,00	0,00
Total				6	0	0,00	0,00

Exceptional costs

Exceptional costs may be claimed for costs linked to entry requirements for specific countries (including visas, residence permits, vaccinations, and medical certificates) and financial guarantee (if such a guarantee is requested by the National Agency).

Cost type	Mobility Flow ID	Activity Type	Number of participants in the mobility flow	Number of persons supported with this cost item	Description and justification of expenses (EUR)	Eligible costs (EUR)	Support Rate (%)	Eligible amount
Total								

The National Agency has requested a financial guarantee.

Quality Standards

Organisations implementing mobility activities must adhere to a common set of Erasmus quality standards. The standards exist to ensure good mobility experience and learning outcomes for all participants, and to make sure that all organisations receiving the Programme's funding are contributing to its objectives. In a mobility consortium, Erasmus quality standards apply to activities implemented by all beneficiary organisations: the coordinator and the consortium members.

The Erasmus quality standards are part of the Erasmus+ call for Key Action 1 projects. They are also presented below so you can read and easily access them again while writing your application. Where needed, appropriate application of Erasmus quality standards in the national context will be further interpreted by the relevant National Agency.

Please carefully read the Erasmus quality standards presented below and confirm your agreement.

I. Basic principles

- **Inclusion and diversity:** the beneficiary organisations must respect the principles of inclusion and diversity in all aspects of their activities. The beneficiary organisations must ensure fair and equal conditions for all participants.

Whenever possible, the beneficiary organisations should actively engage and involve participants with fewer opportunities in their activities. The beneficiary organisations should make maximum use of the tools and funding provided by the Programme for this purpose.

- **Environmental sustainability and responsibility:** the beneficiary organisations must promote environmentally sustainable and responsible behaviour among their participants. The beneficiary organisations should make maximum use of the funding provided by the Programme to support sustainable means of travel.
- **Digital education – including virtual cooperation, virtual mobility and blended mobility:** the beneficiary organisations should use digital tools and learning methods to complement their physical mobility activities, and to improve the cooperation with partner organisations. The beneficiary organisations should make maximum use of the digital tools, online platforms, and other opportunities provided by the Programme for this purpose.
- **Active participation in the network of Erasmus organisations:** one of the objectives of the Programme is to support the development of the European Education Area. Beneficiary organisations should seek to become active members of the Erasmus network, for example by hosting participants from other countries, or by taking part in exchanges of good practices and other contact activities organised by the National Agencies or other organisations. Experienced organisations should share their knowledge with other organisations that have less experience in the Programme by providing advice, mentorship or other support. Where relevant, beneficiary organisations should encourage their participants to take part in alumni activities and networks.

II. Good management of mobility activities

- **Core tasks - keeping ownership of the activities:** the beneficiary organisations must keep ownership of core implementation tasks and may not outsource these tasks to other organisations.

The core tasks include financial management of the programme funds, contact with the National Agency, reporting on implemented activities, as well as all decisions that directly affect the content, quality and results of the implemented activities (such as the choice of activity type, duration, and the hosting organisation, definition and evaluation of learning outcomes, etc.)

- **Supporting organisations, transparency and responsibility:** in practical aspects of project implementation, the beneficiary organisations may receive advice, assistance or services from other organisations, as long as the beneficiary organisations keep control of the content, quality and results of the implemented activities, as described under 'core tasks'.

If beneficiary organisations use programme funds to pay other organisations for specific implementation tasks, then the obligations of such organisations must be formally defined to ensure compliance with the Erasmus quality standards and protection of the Union funds. The following elements must be included in the formal agreement between the beneficiary and the service provider: tasks to be carried out, quality control mechanisms, consequences in case of poor or failed delivery, and flexibility mechanisms in case of cancellation or rescheduling of agreed services that guarantee fair and balanced sharing of risk in case of unforeseen events. Documentation defining these obligations must be available for review by the National Agency.

Organisations that assist the beneficiary with specific implementation tasks (on paid or voluntary basis) will be considered supporting organisations and must be registered in the official reporting tools. The involvement of supporting organisations must bring clear benefits for organisational development of the beneficiary organisation and for the quality of mobility activities.

In all cases, the beneficiary organisation will stay responsible for the results and quality of implemented activities, regardless of the involvement of other organisations.

- **Contributions paid by participants:** as a form of co-funding, the beneficiary organisation may ask participants in mobility activities for contributions to pay for goods and services necessary for the implementation of those activities. The size of the participants' contributions must remain proportional to the grant awarded for the implementation of the activity, must be clearly justified, collected on a non-profit basis, and may not create unfair barriers to participation (especially concerning participants with fewer opportunities). Additional fees or other participant contributions cannot be collected by supporting organisations or other service providers chosen by the beneficiary organisation.
- **Integrating results of mobility activities in the organisation:** beneficiary organisations must integrate the results of the implemented mobility activities (e.g. knowledge gained by staff in professional development) in their regular work, in order to benefit the organisation as a whole, its staff, and learners.
- **Developing capacity:** beneficiary organisations should use the programme funds (and organisational support in particular) in a way that gradually increases their capacity to work internationally on a sustainable, long-term basis. In a mobility consortium, all organisations should benefit in this way.
- **Regular updates:** beneficiary organisations must regularly encode the information about planned and completed mobility activities in the tools provided for this purpose by the European Commission.
- **Gathering and using participants' feedback:** beneficiary organisations must ensure that participants complete the standard report about their activities, as provided by the European Commission. The beneficiary organisations should make use of the feedback provided by the participants to improve their future activities.

III. Providing quality and support to the participants

- **Practical arrangements:** the beneficiary organisations must ensure the quality of practical and logistic arrangements (travel, accommodation, visa applications, social security, etc.). If these tasks are delegated to the participant or a service provider, the beneficiary organisation will remain ultimately responsible for verifying their provision and quality.
- **Health, safety and respect of applicable regulation:** all activities must be organised with a high standard of safety and protection for involved participants and must respect all applicable regulation (for example regarding parental consent, minimum age of participants, etc.). The beneficiary organisations must ensure that their participants have appropriate insurance coverage, as defined by the general rules of the Programme and the applicable regulation.
- **Selection of participants:** participants must be selected through a transparent, fair and inclusive selection procedure.
- **Preparation:** participants must receive appropriate preparation in terms of practical, professional and cultural aspects of their stay in the host country. The preparation should be organised in collaboration with the hosting organisation (and the hosting families, where relevant).
- **Monitoring and mentoring:** where relevant based on the format of the activity, the sending and hosting organisations must identify a mentor or a similar key person who will be following the participant during their stay at the hosting organisation and who will help them achieve the desired learning outcomes. Particular attention should be given to the introduction and integration of the participants at the hosting organisation, and to the monitoring of the learning process.
- **Support during the activity:** participants must be able to request and receive support from their hosting and sending organisations at any time during their mobility. Contact persons in both organisations, means of contact, and protocols in case of exceptional circumstances must be defined before the mobility takes place. All participants must be informed about these arrangements.
- **Linguistic support:** the beneficiary organisation must ensure appropriate language training, adapted to the personal and occupational needs of the participants. Where appropriate, the beneficiary organisation should make maximum use of the specific tools and funding provided by the Programme for this purpose.
- **Definition of learning outcomes:** the expected learning outcomes of the mobility period must be agreed for each participant or group of participants. The learning outcomes must be agreed between the sending and hosting organisations, as well as the participant (in case of individual activities). The form of the agreement will depend on the type of the activity.
- **Evaluation of learning outcomes:** learning outcomes and other benefits for the participants should be

systematically evaluated. Results of the evaluation should be analysed and used to improve future activities.

- **Recognition of learning outcomes:** formal, informal and non-formal learning outcomes and other results achieved by the participants in mobility activities must be appropriately recognised at their sending organisation. Available European and national instruments should be used for recognition whenever possible.

IV. Sharing results and knowledge about the programme

- **Sharing results within the organisation:** beneficiary organisations should make their participation in the Programme widely known within the organisation and create opportunities for participants to share their mobility experience with their peers. In case of mobility consortia, the sharing should take place in the whole consortium.
- **Sharing results with other organisations and the public:** beneficiary organisations should share the results of their activities with other organisations and the public.
- **Publicly acknowledging European Union funding:** beneficiary organisations should make their participation in the Programme known in their community and in the wider public. Beneficiary organisation also must inform all participants about the source of their grant.

Subscribing to Erasmus Quality Standards

To apply for a Key Action 1 mobility project, your organisation must subscribe to the quality standards described above and accept to be evaluated based on those standards. Please read the following statements carefully and confirm your agreement:

- I have read and understood the above quality standards
- I understand and agree that these quality standards will be used as part of the criteria for evaluation of my project at final report stage

Follow-up

How are you going to ensure that your mobility activities are implemented in accordance with the Erasmus quality standards?

i. What will your organisation do to contribute to the basic principles defined by the quality standards?

We are organizing an Erasmus commission in which the entire teaching staff and the school management are involved. Among its main objectives is to prepare evaluations to designate the students following the principles of inclusion and to supervise that the basic principles defined by the quality standards are met. An act will be redacted and published, containing the objectives that comply with environmental principles and that can bring substantial improvements to the environment of the school. Everything will be published on the social networks with the aim of complying with quality standards, thus seeking transparency. Of course, during the mobilities there will be travel insurance and international assistance, as well as the European health card. At last, we keep in mind our long-term objective of requesting the KA120 to be able to develop more activities, since our school is ideal for the Erasmus project.

ii. Who will be responsible for selection of participants, their preparation, and support during the activity?

An Erasmus commission will be created, chaired by a coordinator who will distribute the tasks and make sure that the selection, preparation and support of the participants is carried out efficiently. A member of the school's management will also belong to this commission, as well as a teacher from the Spanish office, one from the Slovak office and one from the Chinese office. Being an essential requirement a minimum use of English at a B2 level (without the need of certification).

iii. Who will be responsible for definition, evaluation and recognition of learning outcomes?

As mentioned above, the Erasmus committee, as a whole, will be responsible for the definition, evaluation and recognition of student learning outcomes. In addition, the tutors will prepare evaluations in the tutorials that will be published on the eTwinning and TwinSpace platforms. These results, following the established rubrics, will be published on the center's blog and its website.

iv. Who will be responsible for ensuring that standards on good management of mobility activities are being respected?

The Erasmus commission with members of the different didactic departments, the school management and the coordinator will follow up, as well as the accompanying teachers will ensure that these standards are respected during the development of the mobility program when they are carrying it out.

What will you do to integrate the results of implemented mobility activities in your organisation's regular work?

Integrating the results of mobility activities in our organization as well as carrying out results communication activities through various channels are fundamental practices to guarantee the success of the project. The results that we intend to acquire after carrying out the proposed mobility activities can be classified as tangible and intangible, and are directly related to the four priority objectives of our project.

Indicators of tangible results: Percentage of students who, presenting some kind of inclusion obstacle, we managed to get them to actively participate in the project, thus overcoming their difficulties. Percentage of students from both the organization of origin and the host organizations that prepare personal plans for physical exercise and nutrition, with the aim of carrying out a non-competitive sporting challenge in a natural area close to the school: mountain trail, ice hockey etc. Number of posts on social networks for the periodic promotion of the project, its objectives and the actions carried out. Intangible results indicators: Improvement of the internationalization of our center through mobility experiences and promoting activities.

In order to make the most of the impact of these results, the following specific actions are proposed, which will be integrated into the regular work of our school: The students participating in the mobilities will carry out activities to promote both the global experience and the particular practices worked around to the theme of the project (exposure to classmates and other courses). These communication days may be extended to other institutions and in them, new technologies will be used (presentation of photographs, videos, infographics, etc. through tools such as Genially, Educaplay, etc.). In addition to these communication days, new methodologies will be implemented in our school based on the experience acquired in this Erasmus project and specific protocols will also be designed to carry out reception actions for people from other European educational centers, since we intend that in the near future we too will be hosts of our host association and/or new ones. Acquisition of methodological strategies that affect physical, psychological and social well-being and that will be integrated into the didactic planning of those subjects considered appropriate, such as biology, for example. Finally, a digital "minibook" will be created, on the aspects that contribute to physical, mental and social well-being, learned and experienced in mobility activities and will be disseminated through the school's website, as well as on the eTwinning platform and on the Erasmus+ Results Platform.

What will your organisation do to share the results of its activities and knowledge about the Programme?

i. To share results within your organisation

The institute's website will be updated, which will house an Erasmus + section where all the relevant information on the activities carried out in this project will be added: photos and writing of experiences. Every time they return from a mobility,

the participating students will prepare a presentation or video summary of the experience in order to disseminate the activities carried out to the rest of the educational community. In all parent meetings the activities, objectives and results of our project will be explained. There will be informative sessions to share the new knowledge acquired and the new methodologies in person and/or through podcasts. Informative posters will be made and hung on the walls of the classes and the school containing mobility material. Informative messages/images of the results will be sent through the official school application (Edupage) to ensure that the information reaches the entire school.

ii. To share results with other organisations and the public

The promotion of results abroad will be carried out mainly through the center's website and social networks, as well as through the platform for the results of the Erasmus+ and eTwinning projects. Mailing lists will also be created to send informative brochures to the families and different organizations of the city (library, town hall, youth centers...) with information about the project and a specific point will be included in our Catalog of Services on carrying out Erasmus projects funded by the European Union. All this will be elaborated digitally to preserve the discriminated use of paper. We will participate in training days and good practices on European programs to share our experiences with other centers and teachers. By having a direct link with the Education Attaché Office of the Spanish Embassy in the Slovak Republic, we will count on them to spread these brochures on their social networks.

iii. To publicly acknowledge European Union funding

All the educational resources and tools produced in the mobility activities will be made available to the public, through the channels described above, free of charge and with an open license. In all these materials that we call "open educational resources" the logo of the project financed by the European Union will appear. Likewise, in all the promotion activities described (exhibitions, workshops, training, information on the website and social networks, etc.) it will always be accompanied by a description of the program to which the action belongs, emphasizing the need to recognize the efforts of the European Union to help create a more sustainable, digital and inclusive education. We will also participate in Erasmus Days sharing our experiences and promote the obtention and use of Europass among the whole school.

Project Summary

Please provide short answers to the following questions to summarise the information you have provided in the rest of the application form.

Please use full sentences and clear language. In case your project is accepted, the summary you provided will be made public by the European Commission and the National Agencies.

i. Background: Why did you apply for this project?

The Secondary Bilingual Grammar School Mikuláš Kováč, located in Banská Bystrica, is a significant institution in language teaching and bilingual education. We have an advantageous situation with our students to apply for this project, since they are studying in different languages: English, Spanish and Chinese. We want to expand the European dimension of our students as well as our organization's. Likewise, the situation caused by COVID have originated a worsening of the overall health of our students, related to the social and psychological capacities derived from the confinement. Therefore, this mobility project seeks to develop healthy strategies related to sport and the environment. As an educational organization, we have the long-term perspective to achieve a continuous flow of students through Europe. In this direction we would also like to function as a hosting school and collaborate with different schools in Europe that have similar concerns.

ii. Objectives: What do you want to achieve by implementing the project

When executing this project our objectives are clear: we would like to reinforce the European awareness of our students and open the school to internationalization while maintaining contact with other schools; we seek to improve inclusion and acceptance of cultural diversity by integrating our students into host families that collaborate with the hosting school, as well as with the integration with peers of their same age during the mobility; create environmental awareness and value the rural environment as a way to improve mental health after threats such as confinement due to the pandemic; reinforce the use of ICT in our students and in the teaching staff, through the use of the school's website and platforms such as eTwinning where we can share our experience with other centers; and finally, seek inclusion of students with special needs and/or social, geographical or economical obstacles.

iii. Implementation: What activities are you going to implement?

For the execution of these objectives, the Mikuláša Kováča high school proposes to carry out a mobility activity made up of six students and two accompanying teachers. This activity is mainly based on observational learning. A work plan has been established with the hosting school in Spain to meet the objectives of the project. Activities such as the coexistence of students within family environments of the hosting school, which seeks to understand and appreciate social and cultural differences. In addition to mobility activities, there are activities related to sport, the natural environment and of course, the use of digital platforms such as social networks and eTwinning. The activities will begin long before the mobility, preparing our students for it and putting them in contact with their Spanish peers. Once back, they will put into practice everything they have learned and there will be exhibitions and meetings with the whole school and other organizations showing the project.

iv. Results: What results do you expect your project to have?

Regarding the results, we hope to reinforce the European perspective of our center and broaden the vision to other realities, not only to students and teachers, but also to student's family members; internationalize our school for possible hostings, as having another school with us will enrich us as a bilingual school with new methodologies and strategies; achieve a greater inclusion and acceptance of people's diversity, always following criteria of adaptation to the project; increase the level of a second and third languages, such as Spanish and English; improve ICT integration in the school with the collaboration of the teaching staff through greater use and update of the school website, being more active in social networks and in the use of eTwinning, but also establishing a constant flow of meetings with the teaching staff and students from other European schools. In summary, to be able to manage ICT as a tool to create community with other educational organizations.

Annexes

The maximum size of a file is 15 MB and the maximum total size is 100 MB.

Declaration on Honour

Please download the Declaration on Honour, print it, have it signed by the legal representative and attach.

File Name	File Size (kB)
DOH -Declaration on Honour.pdf	1 993
Total Size (kB)	1 993

Other Documents

If needed, please attach any other relevant documents (a maximum of 9 documents). Please use clear file names.

If you have any additional questions, please contact your National Agency. You can find their contact details here: [List of National Agencies](#).

File Name	File Size (kB)
OTH -SWOT.pdf	85
Total Size (kB)	85
Total Size (kB)	2 078

Checklist

Before submitting your application form to the National Agency, please make sure that:

- It fulfills the eligibility criteria listed in the [Programme Guide](#).
- All relevant fields in the application form have been completed.
- You have chosen the correct National Agency of the country in which your organisation is established. Currently selected NA is: SK01 - Slovenská akademická asociácia pre medzinárodnú spoluprácu

The documents proving the legal status of the applicant must be uploaded in the Organisation Registration System, here: [Organisation Registration System](#) (for more details, see the Programme Guide - "Information for applicants").

Protection of Personal Data

Please read our privacy statement to understand how we process and protect [your personal data](#)

Submission History

Version	Submission time (Brussels time)	Submission ID	Submission status
1	22/02/2023 18:23:33	1414789	Submitted